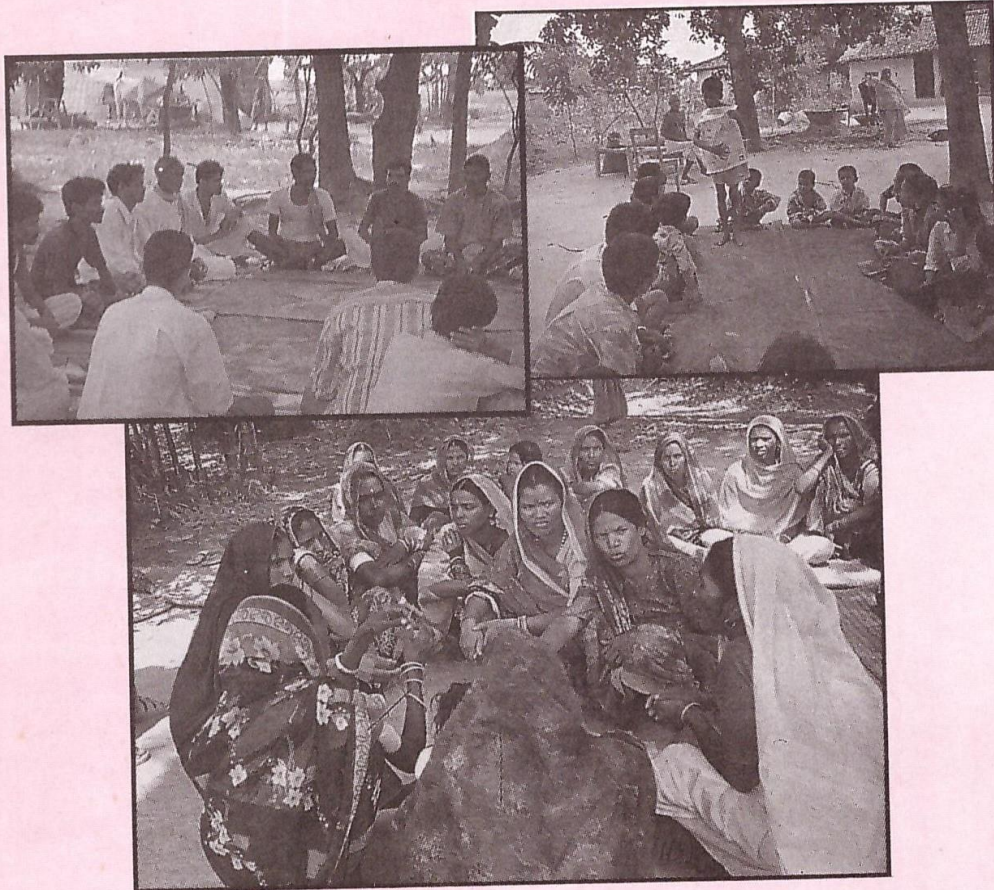


CHILD CENTERED EDUCATION APPROACHES



DISCUSSION WITH FAMILY MEMBERS

As an

INTRODUCTION

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WHAT IS DISCUSSION WITH FAMILY MEMBERS AND WHY IS IT NEEDED

“Discussion with the family members” (DWFm) is that branch of education/discussion which is imparted and experimented in the village environment. This is a basic motivation/education given to the community member, which is indispensable for their life. Subjects in this discussion deal with everyday life of the people. Imparting discussion is one thing but to motivate the people to improve their daily life is a different thing. For instance, the knowledge to construct and use a latrine is important than a simple discussion on why latrine is needed.

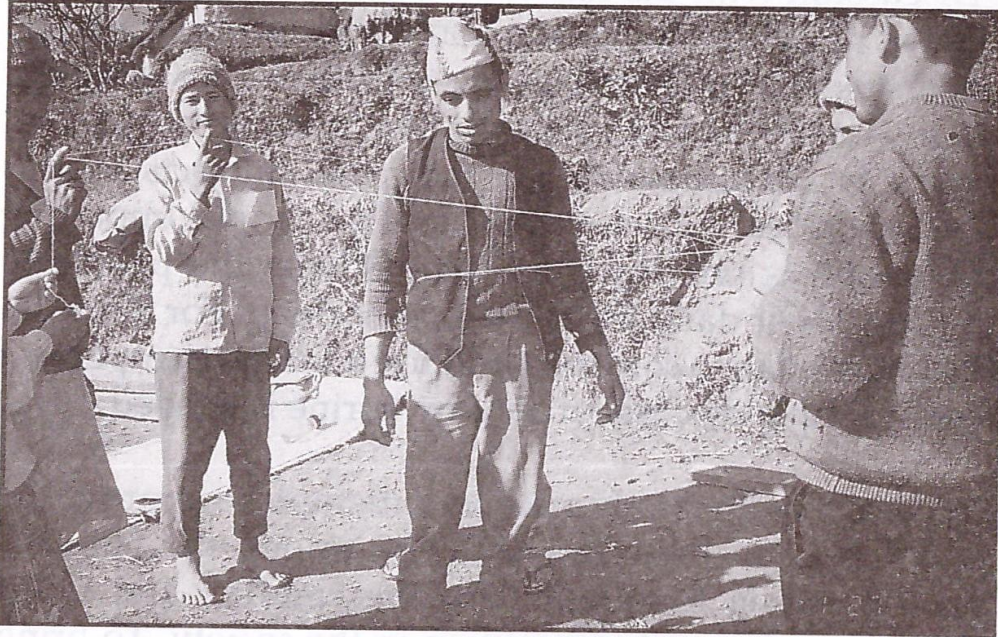
Discussion with family members attempts to improve the situation of women and children among the families, build a strong foundation for the children and uplift women’s value and recognition in the society. To bring improvement in the situation of women and children of any community, the men of that community must be told the importance and need for such improvement. Therefore discussion with family members creates awareness in the people and transforms the knowledge into practice through discussion, case studies, role-plays and demonstration.

In the village, the indigenous resources remain immobilized due to various reasons. DWFm attempts to help the people identify their own resources and utilize them for changing their own situation.

This discussion is also important in the sense that it raises conscience/awareness of their responsibilities in the community about what contribution people can do to make their own house and own community a better place.

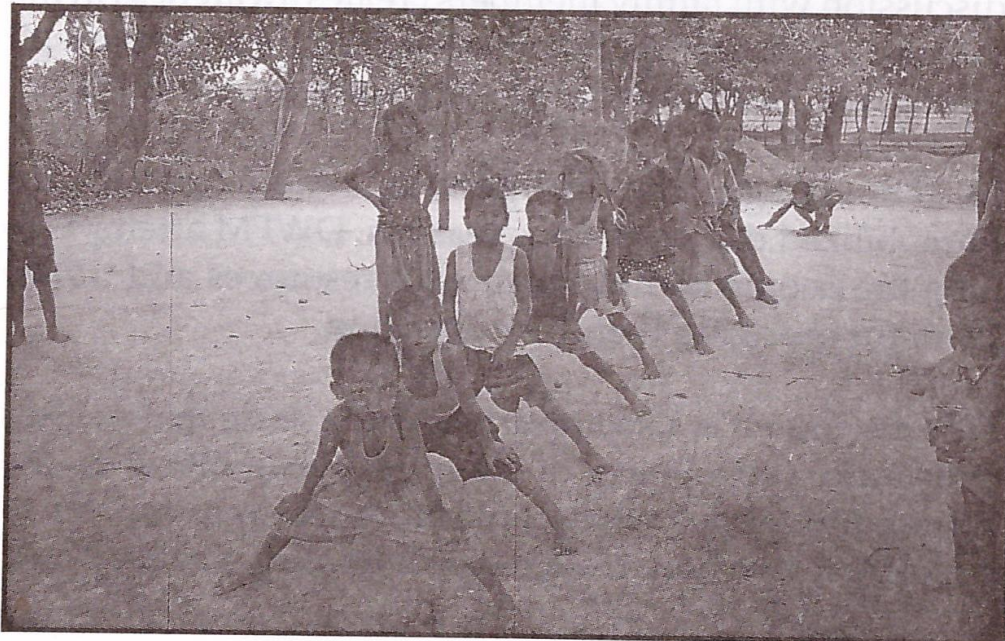
Methods to conduct DWFM Program

- Story
- Games
- Picture Discussion
- Question/ Answer
- Discussion



Goal:

The goal of the program is to develop a happy and healthy family.



Objectives:

The following are the objectives for the program

- To build a strong foundation.
- To mobilize inactive human resources.
- To interact with and involve the children and parents and hand over the program to the community after augmenting their feelings.
- To create collective feelings.
- To increase self confidence and self strength.
- To introduce change in learned skills and transform into practice.
- To create awareness for overall development of children and to bring improvement in their situation.
- To develop leadership skills and self confidence
- To improve the situation of the 0-6 year old children.
- To enable them to analyze the problem and find solution.
- To develop the feeling of cooperation and unity.
- To develop the feeling of "we" and "ours".
- To create an ideal society on the basis of people's participation by improving the situation of the women
- To create fun environment in the community.
- To develop ownership feeling.

PREREQUISITIES FOR CONDUCTING DISCUSSION WITH FAMILY MEMEBERS PROGRAMMES

- Be involved with the groups to identify and analyze the situation of women, children and the area.
- Before conducting the discussion, the participants have to be informed about the meaning and necessity of the program.

- The participants have to be asked to transform the discussion into practice.
- The discussion are to be conducted with the group and before conducting discussion, a checklist is to be prepared with the group about what changes are necessary for that area.
- Discussion is to be held with the community about the venue, time, period, etc. For conducting the discussion.
- Discussion on a topic or lesson is to based on the situation of that place.
- The ideal number of participants in each discussion is 15-20. However, upto 25 participants can be accommodated if necessary.
- The discussion can be conducted in the same place but in three separate groups of men, women and children.
- Each discussion must be conducted for at least two hours.
- The children group participants should be to 10-15 years old children. However, in case of smaller children, a separate group for children of ages 7 to 10 can be made.



The discussion with the family members aims to help the communities to implement four major development activities. They are:

1. Sanitation and preventive health
2. Child development and child rights
3. Situation of women and empowerment
4. Community mobilization and group mobilization.

The discussions are to be conducted on four levels.

- A. In the male and female discussion course, there are 47 lessons, which must be completed within 52 to 55 weeks. However, the number of subjects can be increased if needed.
- B. In the children group discussion, there are 32 lessons, which are to be completed within 42 weeks. However the number of subjects can be increased if needed.

There are four levels of participation. As participants go through the course, they will grow more independent, knowledgeable, self confident and motivated and therefore will increase their level of participation until they take over the facilitating of the discussions.

- Level 1: conduct the discussion once a week by facilitator/ourselves.
- Level 2: considering the level of understanding of the participants, conduct the class once a week or twice a month. It should be decided by the participants. If some participants are able to conduct the discussion, let them conduct the discussion on rotational basis.
- Level 3: our role should be advisory, lets the participants decide and let them conduct the discussion.
- Level 4: hand over the program to the groups and step back our foot from the community.

After completion of the first level, an assessment is to be made with the group about what changes have been made and what changes are further necessary, and the discussions class should be started after discussing with them? For instance, if the women do not participate in the meetings or external works, this discussions is not meant to make them attend the meetings or work, but it should aim to bring change in their situation and create favourable situation wherein their voices and policy decisions are recognized. As such, during the second or third phase, the facilitator should know about how much attention is given to the women's voice and how much recognition is further needed. Therefore, the second and third level discussions should emphasise on this issue.

Who will be the participants of the discussion with family member program ?

- All the interested women including political/social leader, teachers, health assistants, TBAs and general women who are literate or illiterate from the community.
- All the interested men including teachers, political/social leaders, and anyone from the community.
- All the interested children, school going or not going aged between 10-15 years old. However, in case of smaller children, a separate group for children between the ages 7 to 10 can also be made.

Why three different groups separately ?

- If we include the males and females in the same group, it would be difficult to organize the discussion because some one has to look after the house, which means children, cattle, etc. and similarly, the men take over the households works while the women are in the discussion. If the men and women mixed into

one group, their would always be men who lead the group and thus the women can never participate freely and actively due to gender discrimination.

- For the children's group, boys and girls are mixed into the same group with a view to develop gender balance concept from the beginning and encourages the group.

For the discussion, we present real events, which had happened in the same community or other areas. The objective to use event/story method is to stimulate real situation to bring change in them and also to make the men women and children curious about the event/story.

STRATEGY:

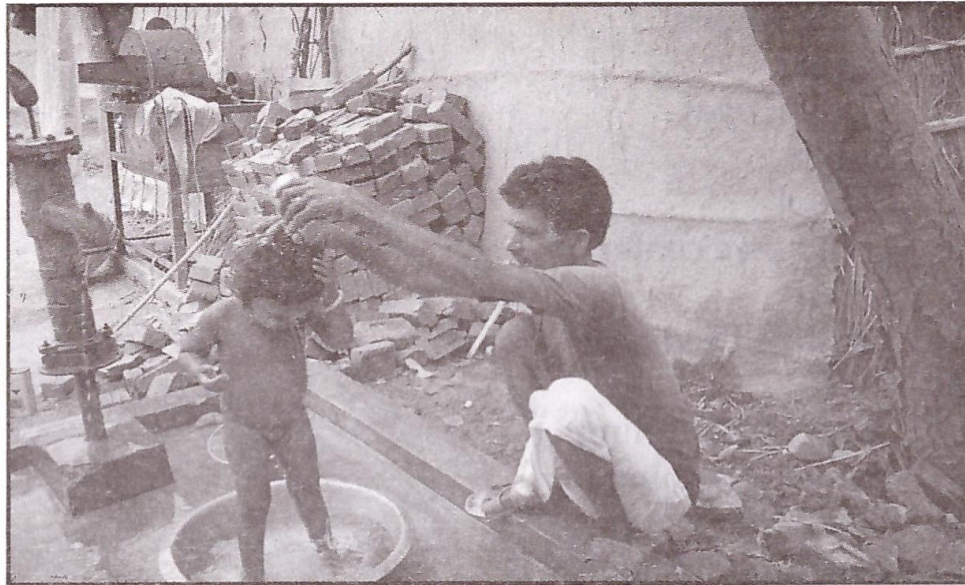
Working with the group/community, not for the group/community, we will only show the ways to do it and we will only request to change but everything has to come from the community. For that issue, commitment is the most important thing. Therefore, from the beginning, before conducting the discussions, we develop/prepare indicators based on four areas together with the participants. Every month, facilitator will have meeting where they will discuss the situation and develop for lessons for coming month.

Program duration:

The duration of the program is two to three years. After completion of the program there will be three different groups formed. Child clubs will be formed from children groups which main role is to work with VDCs and other bodies in the issue of child rights and from males and female groups there will be formed their own groups which main responsibilities are to handle the situation of their communities.

List of subjects for the children's group:

1. Personal hygiene
2. Our clean village
3. Diarrhoea
4. Scabies
5. Water
6. Worms
7. Accidents
8. Cough and cold
9. Care of sick child
10. Care of disabled child
11. Care of eyes
12. Immunization
13. Nutrition-1
14. Nutrition-2
15. Nutrition-3
16. Latrine
17. Understanding the children's feelings
18. Care of the siblings
19. Journey of child rights
20. Child Rights-Survival
21. Child Rights-Protection
22. Child Rights Development
23. Child Rights-Participation
24. Communication
25. Anger/quarrel
26. Pre-natal care
27. Post natal care
28. Forest
29. Work
30. Gender-1
31. Gender-2
32. Gender-3



Subject list for women and men's classes:

1. Personal/Environmental sanitation
2. Diarrhoea
3. Water
4. Scabies
5. Accidents
6. Wounds, rash
7. Latrines
8. Cough and cold
9. Care of pregnant women
10. Post natal care/breastfeeding
11. Nutrition-I
12. Nutrition- II (bring children to demonstrate and compare)
13. Nutrition- III (Prepare Sarbottam Pitho, cereal)
14. Immunization
15. Situation of women
16. Gender Development
17. Women Empowerment
18. Child Development-I
19. Child Development-II
20. Child Development-III

21. Child Rights
22. Fever
23. Care of eyes
24. Forest
25. School
26. Child care center
27. GEAP
28. Positive Deviance
29. NERP
30. Anger/quarreling
31. Family Planning
32. Levels of awareness-I
33. Levels of awareness-II
34. Community Development-I
35. Community Development-II
36. Communication
37. People's Participation-I
38. People's Participation-II
39. AIDS
40. Cooperative
41. Saving and Credit
42. Early Marriage
43. Dowry (only for Terai)
44. Work
45. Care of Disabled Child
46. Worms
47. NGOs/CBOs/child clubs

Training:

To make able to conduct discussion with the family members program effectively, we provide 12 days basic training to the facilitators and 8 days refresher training. During the refresher training, we focus more on the kinds of problems they did face and try to find out solutions to overcome them.